# TDCAA GIRLS VOLLEYBALL Booklet 2022

### **PART A: SAFETY REQUIREMENTS**

## Ontario Physical Activity Safety Standards in Education (OPASSE)

All coaches must review and follow the most recent copy of the **OPASSE GUIDELINES** for the sport they are coaching (under Secondary, Interschool)

Please take special note of the following requirements associated with:

Risk Management

First Aid

Special Rules/Instructions

Supervision

Coaches Expectations & Qualifications (for further information on sport specific NCCP training, visit <a href="https://www.coach.ca">www.coach.ca</a>)

Excursion/Permission Forms: TCDSB OPHEA SAMPLE

### **Concussion Awareness and Safety**

In accordance with Policy/Program Memorandum No. 158, the TDCAA will follow and support the mandates of Rowan's Law. The following must occur annually, at the commencement of the athletic season:

- a) coaches must complete the on-line see your school principal for link and information
- b) coaches will have student athletes review and follow a Concussion Code of Conduct:

TCDSB Student Code of Conduct (in section 8)

**OPHEA's Sample Code of Conduct** 

c) coaches will provide Ontario Concussion Awareness Resources to student athletes and parents: Concussion Guides for Athletes and Parents

In the event of a suspected concussion convenors, coaches, and student athletes must follow an established Return to Play Protocol.

Note: TCDSB has established <u>Concussion Return to Play Protocols</u> for its students and coaches to follow. Non TCDSB participants should reference their Board's or <u>OPHEA's Concussion Protocols</u>

Coaches may find it useful to have a recognized <u>Sport Concussion Recognition Tool</u> with them for practices and competition.

### **Supervision – Visiting Teams**

Each school along with the coach should be aware of the local policy in each school regarding visitors.

In situations where teams are specifically bringing fans (fan bus) appropriate supervision from all participating schools that does not include the team coach(es) must be provided. Communication with school administration of participating schools is prudent in these situations.

### PART B: FROM TDCAA CONSTITUITION

TDCAA Girls (Junior / Senior) Volleyball is an official TDCAA activity. Girls Volleyball follows OPHEA/OPASSE, OFSAA, and the Volleyball Canada playing regulations.

#### **REGISTRATION**

Schools must register for Girls (Junior / Senior) Volleyball at the designated time. A school may withdraw its team before distribution of the final schedule. The school will be charged only the \$ 25.00 registration fee.

A school who withdraws its team after the schedule has been distributed will assume the following actions:

- automatic \$100 fine
- automatically ineligible for competition in Girls Volleyball the following year. (This can be appealed to the TDCAA executive.)

### **ELIGIBILITY/TRANSFERS**

Eligible athletes must satisfy the By- Laws and Standing Rules as per the TDCAA Constitution.

- All eligibility is completed electronically through OFSAA HUB which is coordinated through the OFSAA office. Athletic Directors have the code for their schools to access HUB.
- Eligibility must be completed before the first league game. (It is recommended that registration be completed before first practice).
   In a single day meet or tournament format, eligibility must be filed at least three days prior to the meet or tournament.
- Athletes as well as coaches must included on the HUB site.
- Approved transfers are included on the eligibility form. Athletes who
  have not been approved must not be included until the athlete has
  been approved.
- An student who transfers into your school in second semester is ineligible to compete in winter sports (Alpine Skiing; Snowboarding; Swimming; Jr & Sr. Girls' Volleyball, Boys' & Girls' Hockey, and Jr. & Sr. Boys' Basketball even if their transfer is approved
- An athlete whose transfer is denied has the right to appeal the decision to the TDCAA Transfer Appeal Board.

### **ELIGIBILITY/AGE**

- Girls only
- Open Grades 9-12

director has been notified.

Eligibility for the TDCAA and OFSAA is based on the athlete's year
of birth An athlete is eligible to compete in high school sports for
five years from the time they entered grade nine and were born in
2004 or later. Athletes must meet both requirements.

### There is no appeal to this rule. Please link to TDCAA website for dates for each new school year.

### **ELIGIBILITY / ACADEMICS**

An athlete must be a bona fide student at their school.

### Students With Less Than 22 Credits:

- -non-semester schools must be registered in a minimum of six (6) full day school credit courses.
- -semester schools— must be registered in a minimum of three (3) full day credit courses in the semester that Field Hockey takes place (Fall).

### Students With More Than 22 Credits:

- -non-semester schools must be registered in a minimum of four (4) full day school credit courses
- -semester schools must be registered in a minimum of two (2) full day credit courses in the semester that field hockey takes place (Fall).

### LEAGUE STRUCTURE

- A) START TIME All games shall begin no earlier than 3:30 unless agreed to by the Principals of the participating schools. All double headers must start no later than 3:30 or earlier if all participating schools are in agreement.
- B) MAXIMUM NUMBER OF GAMES Junior 16; Senior 20.
- C) AWARDS In sports where there is less than six teams, only gold medals will be presented.
- D) DEFAULTED GAME If a team defaults a regular season game, they will not be eligible for playoffs. A school may appeal the decision to the TDCAA Executive provided there were extenuating circumstances.

E) CANCELLATION OF SCHOOL BUSES – If the TCDSB cancels buses for weather conditions, all scheduled games are automatically cancelled

### **PROTEST**

Any protest must be made within 24 hours of the scheduled game or activity. Protests must be made in writing to Eva Roser (St. John Henry Newman).

### **PART C: SPORT SPECIFIC INFORMATION**

### VOLLEYBALL RULES: EXCEPTIONS TO OFSAA AND VOLLEYBALL CANADA( VC) RULES

Competitions shall be governed by the official rules of the **Volleyball Canada Rulebook/OFSAA** with the following **TDCAA/OFSAA** exceptions:

Convenor: Tavia Ferreira (Tavia.Ferreira@tcdsb.org) St JPII

• Volleyball Canada Rulebook will apply. https://volleyball.ca/en/development/referee/rules-amp-guidelines#volleyball-rulebooks

**Exception: TDCAA will not be using the ceiling rule** 

**Net Height**: Senior 2.24 m *Junior 2.20 m* 

**Game Ball**: Mikasa MVA200 Volleyball

Game Start Times: 3:30pm

**Fees**: Match (Best 2 of 3) = \$55.00 single game; Double Header

\$100.00 (\$50.00 each school)

# • TCDSB CONCUSSION PROTOCOL DOCUMENT

https://intranet.tcdsb.org/Departments/CandA/HealthOutd oorPhysEd/Documents/Final%20Concussion%20Protocols%20Booklet%20% 20Version.pdf

- \*\*\*Non TCDSB schools please refer to your respective school boards concussion protocol documents for assistance\*\*\*
- Schedules: A draft schedule will be produced and sent to all coaches via email. Coaches will have a predetermined timeline to submit any requests for match changes. The final schedule will be finalized. The only reason for change is a problem with a permit / weather / school tragedy. If someone needs to make a change after the final schedule, there is a \$ 50 fee. Note due to the reduction in the number of qualified officials, late changes could result in no official being available! The coach who needs to make a change must communicate with the other coach and get agreement on a new date. If a change is Due to weather or permit, the convenor will coordinate the new date.

### TDCAA Rule Modifications:

Team composition

4.1.1 – A team may have up to 18 players as per OFSAA regulations.

Team eligibility

A junior player may play in two matches in senior without losing his junior eligibility. That player must be denoted as a junior on the scoresheet. The term play in means that they have to actually be a starter or substitute for a starter during any set during the match to have been considered to have played.

\*\*\*Junior players cannot play in the playoffs or OFSAA playdowns. Playing in these matches will forfeit Jr. eligibility for the season next spring\*\*\* Junior Season: a junior player is only permitted to play on one jr. team at his school.

### **Substitutions**

15.6.3 - A substitute may enter for the same player up to 12 times per match. 15.6.4 - There are 12 subs per set in total.

### Libero

19.1.2 – The Libero must wear a jersey that is contrasting to the regular uniform - It can be unnumbered. - It can be denoted as zero or a colour on the score sheet above the team name per set. \* It is strongly recommended that proper Libero jerseys be purchased as we do send senior teams to OFSAA each year and they follow proper uniform regulations.\* Two liberos cannot be on the court at the same time.

### General:

Warm ups are 5-5

Home team serves first and hits at net first. The receiving tea shags balls for the hitting team. Players may not hit an chase the ball under the net. The shagging team will return the balls to the tosser by rolling them along the outside of the court

Teams do not switch courts unless there is a major structural interference on one side of the court.

Ceiling rule not approved at approved by ofsaa so not in use. The ceiling is out of play.

No handshake at the end of the math. The team simply line up on their respective attack lines and applaud the other team

### Minor Officials:

- Each home team must provide a trained scorekeeper for home games. -Each team should provide one linesperson for the match. If there is some change to this protocol the coaches must agree to the change prior to the match. - If there is no agreement then return to one representative from each team if possible.

### Match Protocol:

All matches begin at 15:30 unless stated otherwise in the official schedule

The warm up protocol is a 5-5

Step in is permitted on any court that has less than 2 metres of free space behind any service line

Best 2/3 with option of a friendly.

TDCAA will adhere to the OFSAA Rules of Behaviour - Deportment: (Reference By-Law 6, Section 2) (c) No artificial noisemakers are permitted at OFSAA Championships.

### League Structure:

- 1. League structure will be dependent on the number of teams entered from one season to the next.
- 2. TEAM DROPS OUT ONCE SEASON COMMENCES = team is removed, all games that team has played or is going to play are considered 0-2 losses (0-25, 0-25,) . Playoff seeding will be completed with all active teams.

Standings: Official standings will be updated by conveners.

\*\*\*TOTAL POINTS DETERMINES OVERALL RANKING FOR
PLAYOFFS\*\*\* Tiebreakers (if 2 or more teams are tied for points):

- 1. Total wins (of all league matches)
- 2. Head to Head Win Ratio
- 3. Head to Head Set Ratio
- 4. Set Ratio overall for the season against all opponents
- 5. Point Ratio overall against all opponents
- 6. Coin Toss

Playoff Structure: This will be dependent on the number of teams entered from one season to the next.

### OFSAA Play Downs

- Senior Tier 1 & 2: Top 4 Teams from each division will advance to the Playoffs.
- T1 will divide into their specific OFSAA Designations and playoff within their respective divisions.

### Reporting:

1. It is the responsibility of both coaches to report results to the convenor by the same day of play. - A \$25 fine is charged for late or unreported scores. Use Google form.

### https://forms.gle/GGG1VKJG82B5WqPJA

2. It is the responsibility of the home team coach to forward the white copy of the score sheet via our board's inter-office mail service to be determined. Any of our association schools that are not on the school courier service can hand their white sheets to one of our TDCAA schools at one of your away games and that coach can send those white copies along with theirs via the courier service.

### Protests:

All protests must be sent within 24 hours. Emails need to be sent to:

eva.roser@tcdsb.org and tis.parish@gmail.com.

Protests will cost \$50.

### Discipline:

1. Any player or coach that is ejected from a match will have to appear before Leagues Disciplinary Committee prior to being reinstated for play/coaching duties. The coach must report this to

the convenors immediately + cc: Paul Solarski <a href="mailto:paul.solarski@tcdsb.org">paul.solarski@tcdsb.org</a> & Dave DiMauro <a href="mailto:david.dimauro@tcdsb.org">david.dimauro@tcdsb.org</a> .

- 2. Please note that two yellows or a straight red card in volleyball means that a player is removed from one set only and not the whole match. This should be reported on the score sheet and be reported to the convenor.
- 3. If any match is defaulted it must be reported to the convenor.
- 4. If a default is reported then the official should not be paid. Once the offending team has been identified that school will be charged the full ref fee for that match. That cheque will be sent to the convenor who will send it on to the official of that match. 5. A default can be appealed to the TDCAA within 24 hours of the default. This is to be reported to the conveners.

### **Ejections & Sports Court:**

A player or coach will need to attend Sports court if they receive any of the following (accumulated over the course of the season):

- -3 yellow cards (for unsportsmanlike conduct)\* red cards (for unsportsmanlike conduct)
- \*Delay and procedural warnings are not considered unsportsmanlike conduct.

A player/coach is not eligible to play/coach (including exhibition matches/tournaments) until they have been to Sports Court. Additional suspensions, if applicable, will be determined by the TDCAA Sports Court.

### **Transfer Students:**

Each new student in your school must first be cleared by the transfer committee before he can compete in a TDCAA sanctioned match, exhibition or tournament game. After being cleared by the

League she will be able to compete and be placed on the league roster by the Athletic Director at your respective school.